

Hello Adoption Friends,

In this January 13, 2008 edition of the ThinkingOfAdopting.com Newsletter you will find the following adoption news and information items that I hope you'll find helpful for your adoption journey.

1. Digital Sundays at CVS
2. Want to Learn More About Sensory Integration?
3. Adoptive Parent Shares Heartfelt Story
4. Recommended Reading ..."The Post Adoption Blues"

1) Digital Sundays at CVS

CVS now has workshops on Sundays from 2pm-4pm to show you the basics on how to use digital cameras. When you are traveling overseas, I would highly recommend that you prepare ahead of time by learning how to use a digital camera. A digital camera is very helpful. You can take pictures of your new child, medical records, immunization records, sights from your child's birth country, etc.

2) Want to Learn More About Sensory Integration?

Carol Kranowitz, the author of many books including "The Out of Sync Child has Fun" has recently completed a webinar with us about an Introduction to Sensory Integration. Carol discusses in detail about what sensory integration is as well as examples of behaviors children do who have SI challenges. Many adopted children do not have the proper stimulation early in life and may face Sensory Integration challenges. From my experience in helping adoptive families, I often see that some children are misdiagnosed with ADHD because there is less familiarity with Sensory Integration. To learn more, go to ...

http://www.thinkingofadopting.com/html/adoption_telecourses.html#IntroSPD

3) Adoptive Parent Shares Heartfelt Story

I'm pleased to announce that we've added our fourth adoption story to ThinkingOfAdopting.com! In "From Birth Mother to Adoptive Mother: One Woman's Journey", Mary Beth Wells shares the pain and heartache she experienced when she relinquishing a baby when she was very young, her subsequent suffering with infertility, and finally the joy of adopting two girls from Guatemala. It's a very honest and heartfelt story, and I'm glad that Mary Beth has decided to share it with us. As with our other three adoptive parent stories: "Healing Hannah", "True Blessings" and "His Will", you can listen to Mary Beth tell her story through your computer's speakers or download it to your iPod or MP3 player free of charge by going to our Adoption Telecourses page using the following link:

http://www.thinkingofadopting.com/html/adoption_telecourses.html

4) Recommended Reading ...

Whether you are starting your adoption journey or already an adoptive parent, I would highly recommend the book "The post-adoption blues, overcoming the unforeseen challenges of adoption by Karen J. Folie, Ph.D. and John R. Thompson, M.D. This

books helps you understand some of the emotions that you will be or may be experiencing as well as reactions from others. To learn more go to this link:
http://www.thinkingofadopting.com/html/adoption_books.html#ParentingSection

Sincerely,

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Adoptive Parent

ThinkingOfAdopting.com

"Inspiration & Information for Your Adoption Journey"

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