

Subject: ThinkingOfAdopting.com Newsletter 9/25/06

From: "Robin Bartko"

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Hello Adoption Friends,

Happy Fall! As we head into October I wanted to share with you some news and information that I hope will be helpful for you on your adoption journey as well as give you a "sneak peak" at the some of the webinars that will be offered in October. The topics in this edition of the *ThinkingOfAdopting.com Newsletter* include:

1. CDC Recommends Three New Immunizations for Children
2. A Fun Way to Teach Your Child About The Country of Their Birth
3. Interested in Teaching Your Child Some Russian?
4. ICF Launches Newsletter on Attachment
5. New Webinar on Attachment Announced
6. October Adoption Telecourse and Webinar Sneak Peaks

CDC Recommends Three New Immunizations for Children

"New shots for your child" in the "Kid's Health" section of the October 2006 issue of "Parenting" magazine noted that the Center for Disease Control (CDC) recommends three new immunizations for children. The first is a second dose of the chicken pox (varicella) vaccine for children 4-6 years old. The second is a recommendation that 3 and 4 year olds should be vaccinated for the flu along with others at risk. The third is a three shot Human Papilloma Virus (HPV) series for 11 and 12 year old girls to help prevent cervical cancer. Talk with your doctor for more information. You can also view press releases from the CDC at the following links:

Chicken Pox: <http://www.cdc.gov/od/oc/media/pressrel/r060629-b.htm>

HPV: <http://www.cdc.gov/od/oc/media/pressrel/r060629.htm>

A Fun Way to Teach Your Child About The Country of Their Birth

Would you like to teach your child more about the country of their birth in a fun and entertaining way? If so, you may be interested in the new Dora the Explorer World Adventure DVD which is being released on October 10, 2006. Dora visits four countries including China and Russia. For children who love video games (and parents, too!), my children inform me that there will also be a Game Boy Advance game released in early October as well. The following link had the best description I could find on the new DVD:

http://www.allboardtoys.com/dora_the_explorer/videos__music/dora_the_explorer_world_adventure_dvd.asp

Interested in Teaching Your Child Some Russian?

You may be aware that ThinkingOfAdopting.com offers a Russian language course tailored specifically for those traveling to Russia to adopt - "Russian for the Adoption Traveler" - taught by native speaker Tatyana Komarova. While this course is designed for adults, Tatyana has been asked by a number of adoptive parents if there is anything that she could do to help their children learn more about Russian culture by helping them become familiar with the language in a fun way. We'd like to know how many of you share this desire. Please let me know by sending me an email at Robin@ThinkingOfAdopting.com

ICF Launches Newsletter on Attachment

Interested in how to better bond with your new child or looking for ways to promote healthy attachment? The Institute for Children and Families (ICF) has a new newsletter, "Children & Families Connect" that I find informative. Dr. Lark Eshleman, who has presented her webinar "Promoting Healthy Attachment" on ThinkingOfAdopting.com, is the Founder and Director of ICF. She is also the author of "[Becoming a Family: Promoting Healthy Attachments in Your Adopted Child](#)". You can view the first edition of the

newsletter by clicking on the following link:
http://www.instituteforchildren.org/ICFNews_July06.pdf

New Webinar on Attachment Announced

Speaking of attachment, I'm pleased to announce that ThinkingOfAdopting.com will host a new webinar on attachment from the adoptive parent's point of view on Wednesday, October 25, 2006 entitled "Healing Hannah" with adoptive parent Dawn Choate - a mother of four including two children adopted from China. Dawn will discuss the attachment challenges she faced with one of her daughters, including describing her daughter's symptoms, how she ultimately realized she was facing an attachment challenge, and how she found the resources needed to overcome them. This is a great opportunity for both pre and post adoptive parents regardless of the country you are adopting (or have adopted) from.

Dawn was recently featured in Adoption Today magazine, and RainbowKids.com has an article about her that you can read by clicking on the following link:
<http://www.rainbowkids.com/2006/05/attachment/506healinghann.shtml>

October Adoption Telecourse and Webinar Sneak Peaks

While the full October 2006 ThinkingOfAdopting.com Adoption Telecourse and Webinar schedule has not yet been released, I wanted to give you a few "sneak peaks" of what you can expect:

- 1) *"Adopting the Orphanage Child: Overcoming Orphanage Life" with Dr. Todd Ochs* (10/15/06)
- 2) *"Thinking of Adopting? Learn, Leap, Love!" with Robin Bartko* - This five session webinar will give you an overview of the international adoption process, including focused sessions on the process, the home study, how (and when) to select an adoption agency, and sources of international adoption information. This webinar will include downloadable questions for you to ask when you are interviewing adoption agencies. (Begins 10/18/06; class size is limited so send me an email at Robin@ThinkingOfAdopting.com to reserve your space).
- 3) *"Healing Hannah: Attachment from a parent's point of view" with Dawn Choate* (10/25/06)

Help Spread the Word

As always, if you find the telecourses and webinars on ThinkingOfAdopting.com useful, I'd certainly appreciate if you would help spread the word. Please feel free to pass this information on to anyone who you feel would be interested. I'd sincerely appreciate your help in getting the word out.

My best to you on your adoption journey. If there is anything I can do to help you, please don't hesitate to contact me.

Sincerely,

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